

Vitamin and Mineral Nutrition Information System (VMNIS)

WHO Global Database on Iodine Deficiency

The database on iodine deficiency includes data by country on goitre prevalence and/or urinary iodine concentration

GHANA

Last Updated: 2006-12-05

						Goitre prevalence (%)			Urinary iodine (µg/L)											
									Distribution (%)				Prevalence (%)				1	Note	es	
Level	Date	Region and sample descriptor	Sex	Age (years)	Sample size	Grade 1	Grade 2	TGP	<20	20-49	50-99	100-299	>300	<100	Median	Mean	SD	Reference	General	Line
L	1998P	Sekoti and Builsa villages: SAC/Women	В	8.00 - 45.99	124				72.0	24.0	4.0			100.0	16.0			5501	*	
D	1997	Kwahu South district: SAC	в	6.00 - 12.99	344				6.7						126.2			5104	*	
0	1001	Kwahu South district: SAC	В	6.00 - 12.99	342			1.7	0.17						.20.2				*	
D	1994	Jasikan, Hohoe and Kpandu districts: SAC	В	8.00 - 9.99	292				19.9	28.1	23.3			71.3	53.5			1772	*	
N	1991 -1994	SAC/Women by district: Adansi West	в	NS	NS											28		388	*	
		SAC/Women by district: Agona	В	NS	NS											109				
		SAC/Women by district: Ahafo Ano North	В	NS	NS											72		I		
		SAC/Women by district: Akatsi	В	NS	NS													I		
		SAC/Women by district: Akwapim South	В	NS	NS											183		I		
		SAC/Women by district: Asuogyaman	В	NS	NS											91				
		SAC/Women by district: Asutifi	в	NS	NS											77				
		SAC/Women by district: Berekum	В	NS	NS											66				
		SAC/Women by district: Birim North	в	NS	NS											87				
		SAC/Women by district: Bole	в	NS	NS											23				
		SAC/Women by district: Bongo	В	NS	NS											13				
		SAC/Women by district: East Mamprusi D	В	NS	NS											42				
		SAC/Women by district: Ejura Sekyedumase	В	NS	NS											68				
		SAC/Women by district: Hohoe	В	NS	NS											47				
		SAC/Women by district: Jirapa Lambussie	В	NS	NS											29				
		SAC/Women by district: Kwabre	в	NS	NS															
		SAC/Women by district: Kwahu South	В	NS	NS											48				
		SAC/Women by district: Mfantseman	В	NS	NS											104				
		SAC/Women by district: Nkoranza	В	NS	NS											63		I		
		SAC/Women by district: Nkwanta	В	NS	NS											30		I		
		SAC/Women by district: Sefwi Wiawso	В	NS	NS											79		I		
		SAC/Women by district: Shama Ahanta East	В	NS	NS											104		I		
		SAC/Women by district: Tema	В	NS	NS											60		I		
		SAC/Women by district: Tolon Kumbungu	В	NS	NS											85		I		
		SAC/Women by district: Upper Denkyira	в	NS	NS											99		I		
		SAC/Women by district: Wassa Amenfi	В	NS	NS											58				
		SAC/Women by district: Zabzugu Tatali	В	NS	NS											48				
		SAC/Women by district: Adansi West	в	NS	NS			13.8											*	
		SAC/Women by district: Agona	в	NS	NS			20.8										I		
		SAC/Women by district: Ahafo Ano North	в	NS	NS			19.2										I		
		SAC/Women by district: Akatsi	в	NS	NS			20.1										I		



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						Goitre			Urinary iodine (µg/L)									Notes		
						prevalence (%)			Distribution (%)				Prevalence (%)				1			
Level	Date	Region and sample descriptor	Sex	Age (years)	Sample size	Grade 1	Grade 2	TGP	<20	20-49	50-99	100-299	>300	<100	Median	Mean	SD	Reference	General	Line
N	1991 -1994	SAC/Women by district: Akwapim South	В	NS	NS			8.7										388		
		SAC/Women by district: Asuogyaman	В	NS	NS			13.7												
		SAC/Women by district: Asutifi	В	NS	NS			23.7												
		SAC/Women by district: Berekum	В	NS	NS			28.1												
		SAC/Women by district: Birim North	В	NS	NS			21.2												
		SAC/Women by district: Bole	В	NS	NS			17.6												
		SAC/Women by district: Bongo	В	NS	NS			56.5												
		SAC/Women by district: East Mamprusi	В	NS	NS			38.3												
		SAC/Women by district: Ejura Sekyedumase	В	NS	NS			26.8												
		SAC/Women by district: Hohoe	В	NS	NS			26.0												
		SAC/Women by district: Jirapa Lambussie	В	NS	NS			56.4												
		SAC/Women by district: Kwabre	В	NS	NS			15.5												
		SAC/Women by district: Kwahu South	В	NS	NS			30.5												
		SAC/Women by district: Mfantseman	В	NS	NS			17.6												
		SAC/Women by district: Nkoranza	В	NS	NS			28.6												
		SAC/Women by district: Nkwanta	В	NS	NS			20.5												
		SAC/Women by district: Sefwi Wiawso	В	NS	NS			19.0												
		SAC/Women by district: Shama Ahanta East	В	NS	NS			7.6										1		
		SAC/Women by district: Tema	В	NS	NS			11.4										1		
		SAC/Women by district: Tolon Kumbungut	в	NS	NS			21.9										1		
		SAC/Women by district: Upper Denkyira	В	NS	NS			19.7										1		
		SAC/Women by district: Wassa Amenfi	в	NS	NS			29.8										1		
		SAC/Women by district: Zabzugu Tatali	В	NS	NS			30.8										1		

NOTES

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Reference no	5501
General Notes:	Sample comprised of SAC and women from 7 Sekoti villages, Bolgatanga district and 5 Builsa villages, Builsa district of the upper east of Ghana.
Line note 1	SAC: 8-14 yrs; women: 15.45 yrs.
Reference no	5104
General Notes:	Sample comprised SAC from 20 communities randomly selected from Kwahu South district; baseline values of intervention study.
Reference no	1772
General Notes:	Cluster survey in 3 out of 13 districts (Jasikan, Hohoe and Kpandu) in Volta region.
Reference no	388
General Notes:	Survey in 27 out of 110 districts covering every 4th districts in all regions of Ghana; in each district goitre measured in approximately 1000 individuals, school children 10-19 years and women of child bearing age 15-45 years; UI measured in a subsample of 10 %, approximately 100 individuals per district.

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REFERENCES

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Reference 1772	[Anonymous]. The health and nutritional status of schoolchildren in Africa, evidence from school-based health programmes in Ghana and Tanzania: the Partnership for Child Development. Transactions of the Royal Society of Tropical Medicine and Hygiene, 1998, 92:254-261.
Reference 5104	Micronutrient and Health (MICAH). MICAH Ghana follow-up survey report. Ghana, World Vision Ghana, MICAH Project,
Reference 5501	Asibey-Berko E, Amoah AG, Addo F, Agyepong E. Endemic goitre and urinary iodine levels in rural communities in the Bolgatanga and Builsa districts of the upper east region of Ghana. East African Medical Journal, 1998, 75 :501-503.

ADDITIONAL REFERENCES

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